

UNITED STATES NAVAL SEA CADET CORPS  
WINTER TRAINING COMMAND 2011-12  
**COMBINED SEABAG LIST**

**NOTE TO PARENTS:** Your cadet is responsible for packing his/her seabag. Please inspect their Seabag for the following items. IF IT'S NOT ON THE LIST, DON'T BRING IT. **ALSO, ALL CADETS MUST BRING A WATER SYSTEM (CANTEEN W/WEB BELT OR CAMELBACK)**

**CURRENT ID CARD**      **TRAVEL UNIFORM: PT Gear** (civilian clothes for those traveling by commercial carrier)

ITEM	QTY	M/F	RTC	STAFF CADETS/NL FIELD & NL/SC PHOTO	SC FIELD/ MEDICAL	NL Orientation
Dress Uniform: <b>Dress blues with flashes (Please include rank, ribbons and name tag)</b>	1	M/F	X (E-2 STRIPES O.K. for recruits who have passed BMR's)			White shirt ,rank ribbons, name tag, flash, black pants
Black Neckerchief	1	M	X			
Female Black Tab Tie	1	F	X			
Dixie Cup <b>**Make sure it's white and clean**</b> (male)	1	M	X			X
Combo/beret Cover (female)	1	F	X			X Garrison cap
Black belt w/SILVER belt buckle	1	M/F	X			X
Black dress shoes - leather only <b>(NO CORAFRAMS)</b>	1	M/F	X			X
Utility Shirt w/ flashes, rank, and name tapes	2	M/F	X			X short sleeve
Utility Pants w/ name tapes	2	M/F	X			X
Utility jacket w/ flashes <b>(no stripes)</b>	1	M/F	X	X	X	X
BDU Blouse and Pants	2 EA	M/F		X	X	
8-point Cover with Flash	1	M/F		X	X	
Brown Crew neck t-shirt	8	M/F		X	X	
Black belt w/BLACK belt buckle	1	M/F		X	X	
Boots	1	M/F		X	X	
Underwear <b>(Males – Boxers O.K.)</b>	8	M/F	X	X	X	X
Plain White Crew neck t-shirts	8	M/F	X			X
Athletic/ Sports Bra	1	F	X		X	
Black socks	8	M/F	X	X	X	X
Sea bag	1	M/F	X	X	X	X
Mesh Laundry Bag	1	M/F	X	X	X	X
Sweat Shirt and Pants (any color)	1 EA	M/F	X	X	X	X
Athletic Shorts	2	M/F	X	X	X	X
Solid color swimsuit (females one piece only)	1	M/F	X	X	X	X
Athletic Running Shoes <b>(NO SLIP-ONS OR DECK SHOES)</b>	1	M/F	X	X	X	X
White athletic socks	8	M/F	X	X	X	X
Stick Deodorant (no spray cans)	1	M/F	X	X	X	X
Soap and soap dish	1	M/F	X	X	X	X
Shampoo/conditioner	1	M/F	X	X	X	X
Toothbrush and toothpaste	1	M/F	X	X	X	X
Hairbrush and comb	1	M/F	X	X	X	X
Hair ties, pins, gel, etc. to secure long hair into bun		F	X	X	X	X
Feminine Hygiene Supplies	As needed	F	X	X	X	X
Lip balm and/or chap stick (spf 15)	1	M/F	X	X	X	X
Tube of sunscreen (spf 15 or greater)	1	M/F	X	X	X	X
Shaving Gear <b>(NO SPRAY CANS)</b>	1	M/F	X		X	X
Shower shoes	1	M/F	X	X	X	X
Bath Towel and wash cloth	1 EA	M/F	X	X	X	X
Shoe Shine Kit <b>(NO LIQUID)</b>	1	M/F	X	X	X	X
Sewing Kit	1	M/F	X	X	X	X
Religious material <b>(optional)</b>	1	M/F	X	X	X	X
<b><u>Additional Gear</u></b>						
Padlock with 2 keys (no combination locks) <b>*1 KEY SHOULD BE PLACED IN PERSONNEL FILE*</b>	1	M/F	X	X	X	X
Chain to wear key around neck	1	M/F	X	X	X	X
Flashlight w/second set of batteries	1	M/F	X	X	X	X
Black ballpoint pen and paper pad	1	M/F	X	X	X	X

## **CONTRABAND**

### **The following items are expressly prohibited (Do not bring) !!!**

Cosmetics, Weapons, Controlled substances, **NO CELL PHONES** Matches/lighters, Pornographic materials, Tobacco products, Electrical appliances, Liquid shoe polish, Alcoholic beverages, Talc/Baby Powder, Perfumes, Candy, gum, food, etc. Glass containers Medical (shelf or prescribed), Aerosol cans (hairspray, shaving cream), Books/magazines (except Religious), Jewelry (except optional religious medals)

**NOTE: A Seabag inspection will be performed upon arriving at Winter Training Command**

***NOTE: ALL SEABAG ITEMS MUST BE MARKED WITH CADET'S NAME***

**NOTE: STAFF CADETS NO CELL PHONES!!!**

**(If you fly and bring one, it must be checked in with ADMIN upon arrival)**

**\*\*\*DON'T FORGET A CANTEEN W/WEB BELT OR CAMELBACK\*\*\***

**\*\*\*DON'T FORGET A SLEEPING BAG AND PILLOW\*\*\***